



Note: This calendar is a sample only. Activities may be impacted and change based on other circumstances eg. COVID-19

Monday 2 March	Tuesday 3 March	Wednesday 4 March	Thursday 5 March	Friday 6 March	Saturday 7 March	Sunday 8 March
9:00 am Chair Yoga Dance	9:00 am Craft room Cottage 1 & 2 Zumba with Rachel	9:00 am Armchair exercises	9:00 am Craft room Interactive Games	9:00 am Craft Room Interactive Games	9:00 am	9:00 am
11:00 am Table Games • Pool • Darts	9:30 am Armchair exercises	9:30 am Armchair exercises	9:30 am Tai Chi	9:30 am Tai Chi	9:30 am Bingo	9:00 am
11:30 am Big Word Game	10:30 am Zumba with Rachel	10:30 am Bingo	10:30 am Sensory Dining	10:00 am Sensory Dining	10:30 am	11:30 am Songs of Praise
12:00 pm Sensory Dining	12:00 pm Sensory Dining	12:00 pm Sensory Dining	12:00 pm Sensory Dining	12:00 pm Sensory Dining	12:45 pm	1:30 pm
2:30 pm Garden Walks	2:00 pm Movie matinee	1:30 pm Book Trolley	2:30 pm Garden Walks	1:30 pm Icy Pole Delivery	2:00 pm Weekend Packs Crosswords	1:00 pm
3:30 pm	4:00 pm	3:30 pm Pet Therapy	4:00 pm	3:30 pm	4:30 pm	4:00 pm