

# WHY DO PEOPLE CHOOSE ST VINCENT'S CARE?

Quite simply because we don't just care for you, we celebrate you

#### Celebrating independence

Our approach to care celebrates you. It recognises both your history, but also the way you want to live today. Your needs, your wants. Because you should live your life your way.

This means you choose when to get up in the morning, what to eat, what to wear. You choose whether you want to go on a shopping trip or stay inside and read for the day. You choose when you receive care and the type of care you receive.

#### Celebrating the journey

While you make the choices and set the standard for what you want, we work together with you and your family so that you can reach the goals you want for your life.

This could mean assisting you walk so you can spend time in the garden, or helping you discover new activities and passions to keep you engaged.

Journeys are unique for everyone and they change along the way so we are always talking to residents and families to ensure we are supporting your needs at each stage of your journey.

#### **Celebrating community**

When people talk about St Vincent's employees they don't just say they are friendly, they say they are friends. They don't just care for me, they care about me.

At St Vincent's we don't see carers, nurses, residents, and volunteers, we see a home where everyone in the home looks after each other. Employees looking out for residents, residents looking out for residents, and yes, even residents looking our for employees.

Because that is what a home should be like.

### Celebrating heritage

As a faith based, Catholic organisation, we treat everyone with dignity and respect. We pride ourselves on being welcoming and inclusive of all – regardless of faith, race or social economic standing.

It is because of our mission to express Gods love to all – that we make a commitment to serve – with compassion, integrity, justice and excellence.

"Mum feels happy, safe and valued. She has made many good friends with residents and staff. She enjoys the range of social activities on offer including games, craft and competitions."

**Elizabeth Smith** 



## SERVICES AND FEATURES

Spaces and services at Arundel are focused on supporting you to thrive, to live an engaged life, and feel as healthy, happy and safe as possible. It is a person centered approach that helps us deliver holistic care for mind, body and spirit.



Small 50 bed boutique home



Fully activities calendar



Recent room updates and renovations



Secure, gated community



**Communal lounges and dining** 



Specialist dementia care



Hair and beauty salon



24/7 registered nurses



Free Wifi access



Partnerships with allied health

# WHAT PEOPLE LOVE ABOUT ARUNDEL



Walking on the nearby tranquil garden paths where residents get their daily exercise - there's even a walking club!



Exploring the many community and activity rooms where residents spend time with family and friends.



Staying active and engaged with activities including bus trips, concerts and gardening.









# YOUR SUPPORT TEAM

From clinical, to lifestyle, to spiritual your support team are there to support you in the outcomes you want from your aged care journey; big and small.



Volunteers Maintenance Admissions Team

### THE ST VINCENT'S ADVANTAGE

As one of the only aged care providers who are a part of a hospital network, the St. Vincent's Health Australia network we have access to:



Palliative care specialists



Expert medical and clinical advice for complex care situations



Advanced outbreak management procedures and fast-tracked testing services



Registered nurses on site 24/7



Regular staff training and competency assessments



Constant reviews of best practices

This helps our community by:

- ✓ Minimising the risk of infections outbreaks within homes
- ✓ Improving ongoing care
- ✓ Giving extra peace of mind to families and residents





**Contact Us** 

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Retirement Living | Residential Aged Care | Home Care



Q St Vincent's Aged Care