

WEEKLY ACTIVITIES CALENDAR

Monday 1 March	Tuesday 2 March	Wednesday 3 March	Thursday 4 March	Friday 5 March	Saturday 6 March	Sunday 7 March
9.30am Exercise class residents	9.30am Exercise class group.	9.30am Exercise class group	9.30am Exercise class group	9.30am Exercise class group	9.30am Exercise class group	
11am Bible Study in the activity room	11am Bus trip outing around town	11am Quiz & Trivia session in the activity room	10am Anointing Mass in chapel	11am Bible Study in the activity room	11am Koala Keno in the activity room	
1:15pm Gardening group and watering plants	1:15pm Jigsaw puzzle group in activity room	1:30p.m 1:1 conversation and individual room visits	1:15pm Walking group to the park(5-6 people)	1:30pm 1:1 Board games	1:30pm. Playing cards in activity room. (Small group)	
2pm Men's group afternoon outside activity room	2pm Walking group to the park(5-6 people)	2pm Word game on board in activity room	2.20pm Making cookies for afternoon tea	2.30pm -3.30pm Walking group to the park(5-6 people)	2pm Movie Quiz in activity room	
3:00pm Art & Craft group in activity room	3.30pm Bingo in dining room (Sitting at social distance)	3:15pm Online Mass followed by Rosary in chapel	3.30pm Movie afternoon in big room.(Please observe distancing)	3pm – 4pm Friday happy hour in activity room!	3pm 1:1 nail painting & manicure session.	